



ST NEOTS TIMEBANK

NEWSLETTER December 2013

Covering: The Eatons, The Paxtons, Eynesbury, Croxton, Loves farm, Papermill and the Offords

Winter is finally descending upon us and the gardens are still trying to keep some life in them. Today I spotted my geraniums and snap dragons in flower once again. However the time for actual gardening is over now until next year - too wet and cold to push timebankers outside. I would at this point like to thank all the TimeBank gardeners for making such a good job of clearing and tidying gardens that they have attended. It has made such a difference for many people.



Nows the time to stop and think about sorting out those things that need to be cleared out, tided up, mended and repaired. Other jobs carried out this month have been help with IT, Maths, Spanish, keeping elderly people company (so important at Christmas Time) baking, giving lifts, sewing, plastering, the tail end of the gardening jobs and helping with events. Once again a very big thank you to those that have helped out, the comments I receive back from the people helped show just how much it means to have those jobs done and out the way. At times getting that job done has also made another friend.

CAN ANYONE HELP?

We are still in need of a volunteering qualified electrician and we still also need a Piano Teacher to exam level. After Christmas I will need people to deliver flyers to The Offords and the Paxtons. Can you help?

Contact us if you can help **07590909057** or email timevolunteers@hotmail.co.uk.

TimeBank's future

Timebank was invited along to a Voluntary sector Market Place Event. Cambridgeshire and Peterborough Clinical Commissioning Group are embarking on a significant procurement to find a lead provider(s) to deliver integrated older people's services and adult community care across the counties. We met the bidders for this contract and discussed how timeBank can also help with preventing loneliness, being a number to call. Helping people to stay at home by doing those jobs that people can no longer do, giving a lift or just making a visit. Returning from hospital can be very traumatic especially if there is no one there to greet you, timebank could be there to make sure they are safe.

Most of the bidders were very interested and felt that Timebankers could be part of the future with this project.

With this in mind we feel it necessary for as many members as possible to be DBS checked. This would be done at no charge and information would be sealed and sent from yourselves via the coordinator to the dealing authority. Results will be forwarded to yourselves and notification to the coordinator. Therefore members that are willing to take part in this process please contact me on 01480 404184 or by email. Complete confidentiality will be kept at all time.

We have also linked with the Transition Team at Bargroves - the young people of St Neots. They too have become very interested in the TimeBank as they realise that voluntary work helps on their CV's. They are also willing to help make a difference. Their ideas are revolutionary and help from the skills available in TimeBanking they could become an asset to the community bringing the generations together - working as an intergenerational team. I was amazed how alike we all think... yet we so often put down the opposite generation. Overcome this barrier and the community would only benefit.



Help us to expand, although highly recognised by the authorities we need to be prepared for the extra recognition coming our way. Talk to friends and neighbours, encourage them to join us. Everyone has something



they can offer and there's no pressure, yet we help many and get rid of those niggling jobs and the stress that goes with them. Too busy, can't or just don't want to - we can help with them all.

Invite them along to our Christmas Get together at the Priory for cake, mince pies and a drink all free - meet some members and hear their stories or just come along for the company and a chat.

Interested in taking advantage of these benefits and at the same time giving help to others? ... Want to know more?

Come to our coffee morning 12.30pm – 2.30pm

on

Saturday 14th December 2013

At the Priory Centre Cloisters

"Hope to meet you soon". If you need a lift to get there just call 07590909057

Georgina

(email: timevolunteers@hotmail.co.uk)

Website: www.e-s-timebank.eu soon changing to www.stneotstimebank.org.uk

If you no longer wish to receive these newsletters please contact me